



■ 花咲港でのサンマ水揚げ

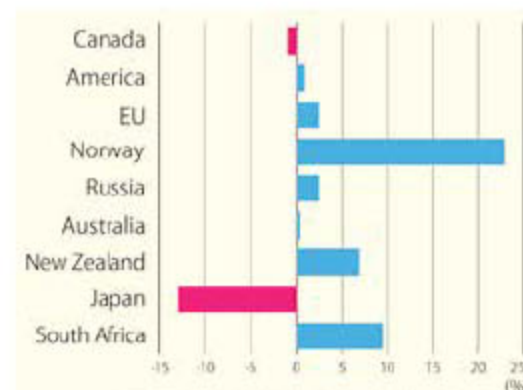
・持続可能な漁業とは、どのような漁業のことですか。

23 Seafood is an important part of food culture in many places. Alaska pollock is a very popular white fish. It is used in fish sandwiches and *mentaiko*. In 1972, Japan's Alaska pollock catch was about 3,000,000 tons. But in 2018, it was only 130,000 tons. Catches of bluefin tuna, eel, and Pacific saury are also much lower than before. These catches may fall to zero by 2050.

24 One reason for the problem is global overfishing. The UN Food and Agriculture Organization (FAO) says that 70% of the world's fish are in danger. Japan's waters have very few fish now, so Japan

has to import fish from other countries. Some countries, such as Norway, New Zealand, and South Africa, are catching more and more fish every year. But if they catch too many fish, the world's seafood supply will be in danger.

25 One solution is sustainable fishing. The Marine Stewardship Council (MSC) sets rules for sustainable fishing. The fisheries must be careful about the number of fish and the impact on the environment. If fish are sustainably caught, the sellers can put a blue MSC label on the package. Some major companies in Japan, including AEON and Seven & i Holdings, are now selling fish with the MSC label. If more people know about this label, it will help protect the world's fish.



出典：FAO State of World Fisheries and Aquaculture 2018

■ 2025年の国別漁獲量の将来予測（対2013-15年比）



■ スケトウダラ（写真手前）

タラ目タラ科に属する魚類で、成魚の体長は40～70cm程度、水深200m前後に最も多く生息しています。スケソウダラの身は古くからすり身として利用されてきましたが、鮮度劣化が早い点が問題になっていました。昭和30年代に冷凍すり身にして利用する技術が開発されて以降、魚肉練り製品や魚粉などに加工されています。

NOTES

- ▶ sustainable 「持続可能な」
- ▶ seafood 「海産食品」
- ▶ Alaska pollock 「スケトウダラ」
- ▶ catch 「漁獲高」
- ▶ bluefin tuna 「クロマグロ」
- ▶ eel 「ウナギ」
- ▶ Pacific saury 「サンマ」
- ▶ overfishing 「乱獲」
- ▶ The UN Food and Agriculture Organization 「国連食糧農業機関」
- ▶ water 「海」
- ▶ Norway 「ノルウェー」
- ▶ The Marine Stewardship Council 「海洋管理協議会」
- ▶ fishery 「漁業者」
- ▶ AEON 「イオン社（日本の流通会社）」
- ▶ Seven i Holdings 「セブン&アイ・ホールディングス社（セブンイレブンなどを傘下を持つ流通持株会社）」

Sustainable Fishing